



Doula Training Scholarship for a Bicultural Community Member

Birth for Humankind and Doula training organisation *Dial a Doula* are offering a full scholarship for a bicultural community member to undertake a 20-week Doula Training Course in 2019.

If you receive this scholarship, you will need to complete the full 20-week training program, running from February to June 2019. You will then join Birth for Humankind's volunteer doula team and provide pregnancy and birth support for a minimum of 3 women over an 18-month period.

If you are interested in this opportunity, please read the information below and complete our short application form here: <https://www.birthforhumankind.org/get-involved/>

If you have any questions about this opportunity, please call Birth for Humankind on 1300 073 086. Applications close 5pm Wednesday 16 January 2019.

Who is Birth for Humankind

Birth for Humankind is a not-for-profit organisation based in Melbourne. We provide free pregnancy and birth support to women who are experiencing social and financial hardship. Women are referred to us by social workers, case workers, midwives and other healthcare providers. Our volunteer doulas provide 1:1 support to approximately 90 women per year. Support includes 2-3 appointments while a woman is pregnant, being on-call for support during labour, and 2-3 appointments after birth.

What is the Dial a Doula Training?

Dial a Doula Training teaches you about pregnancy, birth and the postnatal time. You will learn how to support a mother and her family during these times, including what her options are for having a baby in Victoria, what the stages of labour are, and how to provide support to a mother, a partner, baby and family after birth. You will learn practical skills including touch and massage, breathing and relaxation techniques. You will also learn how to establish a business as a doula.

The training details are as follows:

Venue: Autumn Retreat, 129 Miller St, Thornbury VIC 3071
Dates: Friday 1 February 2019 to Friday 28 June. (There will be no sessions on April 12 and 19, during Victorian school holidays.)
Times: 4 hours every Friday, 10am - 2pm
Value: \$2,350 (as a scholarship recipient, you will *not* pay for this course)

In addition to the 20-week training course you will be supported to gain practical experience providing birth support to at least 3 women.

You can read more about the training here: <https://www.dialadoula.com.au/campaign-1>

What happens after you finish the Doula Foundation Training?

After you complete the 20-week training, Birth for Humankind's Program Supervisor will support you to join our volunteer doula team. As part of this team, you will be able to apply your skills and provide bilingual doula support to women from diverse backgrounds.

You will also receive access to ongoing professional development and training opportunities, debriefing with our Doula Supervisor, access to support circles with our volunteer doula team and support to develop your personal doula business if you wish.



Who is eligible for this scholarship?

Eligibility criteria:

- Bicultural (competent in English and another community language e.g. Arabic, Persian, Oromo, Burmese desirable)
- Be passionate about supporting pregnant women and new mothers
- Live in Melbourne
- Have (or be willing to complete) a Police Check and Working with Children Check
- Be willing to commit to full attendance and participation throughout the doula training and process
- Flexibility to be on call for labouring women during certification process and as required as a volunteer doula for Birth for Humankind

You can read about past recipients of our Bicultural Doula Training Scholarships here:

- Read Faith's story: <https://bit.ly/2A57UkG>
- Read Wafa's story: <https://bit.ly/2UQgxYV>
- Read Elizabeth's story: <https://bit.ly/2ECzI3R>

Key dates and responsibilities:

- 1) Doula Training (1 February 2019 – 28 June 2019)
 - Weekly 4-hour training sessions on a Friday at Autumn Retreat, 129 Miller St, Thornbury
 - For more information, please see: <https://www.dialadoula.com.au/campaign-1>
- 2) Completion of Doula Certification (July – September 2019)
 - Support three women during labour and birth with the assistance of Birth for Humankind
- 3) **Join Birth for Humankind's Volunteer Doula Team** (approx. October 2019)
 - Participate in 2-day training with our volunteer doulas
 - Provide doula support to a minimum of three clients over an 18-month period
 - We offer each client the following services:
 - Three antenatal visits
 - On-call availability two weeks before and after estimated due date
 - Two postnatal visits
 - Volunteer doulas receive an allowance of \$50-100 per client supported, to cover expenses.

If you are interested in this opportunity, please complete our short application form here: <https://www.birthforhumankind.org/get-involved/>. The recipient will be selected based on the application and interview.

If you have any questions about this opportunity, please call Birth for Humankind on 1300 073 086. Applications close 5pm Wednesday 16 January 2019.